

Solstic Slim brings together the best of South American and Asian weight-loss herbs in a great-tasting beverage mix

Solstic Slim is formulated with the latest proven ingredients in herbal weight loss. Together these natural ingredients help to suppress appetite, turn on your fat burning metabolism, and increase physical and mental energy. Solstic Slim is packaged in convenient take-anywhere packets to make it easy for you to stick to your weight loss goals. Simply add water and enjoy anywhere. The following is a list of Solstic Slim's ingredients and their weight-loss benefits:

- **Red grape skin extract:** Aside from containing antioxidants which improve cardiovascular health, extracts from red- and purple-coloured fruits were found to promote weight loss in test subjects.
- **Yerba Mate:** Yerba mate is the South American jewel when it comes to weight loss. It has a long reputation for boosting calorie and fat metabolism. Researchers found compounds in yerba mate that increase energy and mental alertness, as well.
- **Damiana:** Another South American herb, damiana works synergistically with yerba mate to promote weight loss by boosting calorie and fat burning metabolism.
- **Caralluma fimbriata:** This asian cactus contains a variety of compounds that promote appetite suppression. It is theorized that Caralluma might affect the energy sensing function in the hypothalamus.
- **Green Tea extract:** Asian green tea promotes healthy weight by boosting calorie and fat burning metabolism. Green tea also contains powerful antioxidants which promote general health.

